

Karuna I Symbols

Zonar

Draw a Z, then draw the infinity symbol 3 times starting on the right.

Zonar is a good symbol to use at the beginning of a treatment as it prepares the client to receive deep healing. It also reduces or eliminates the pain associated with emotional healing by creating a kind of spiritual anesthetic effect.

HEALS ON CELLULAR LEVEL

Sometimes we have experiences that are so powerful and have lasted so long, that they actually become a part of our chemical makeup and are ingrained in our cells. Because of this, our cells can carry the memory of trauma, or even negative feelings and ideas that we brought with us from other lives. Zonar works on these hidden issues that have become imbedded in the cells of our bodies and helps to heal them. Zonar can be combined with the Usui distant symbols to send powerful healing energy

HEALS PAST LIFE ISSUES

Zonar helps heal issues we have brought into this life from past lives. It also works interdimensionally, with experiences we have had on other planets or in-between lives. To heal a past life issue, combine Zonar with the Usui distant symbol directing the energy to go into the past life and heal the cause.

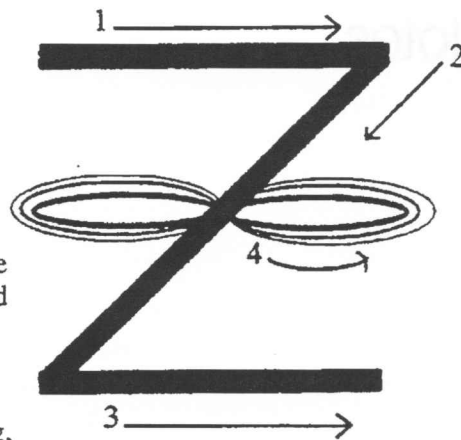
HEALS CHILD ABUSE

Zonar works well to heal trauma resulting from child abuse and other issues that were so traumatic that the person has been unable to deal with them consciously and has buried, or stored the issues away from the conscious mind - often in the second chakra area. These are often things that are so overwhelming or unaccepted by our society that we are unable to talk with anyone about them. Zonar helps work on these deep issues, release and heal them. Sometimes they come to the conscious mind, and sometimes they are directly released without consciously knowing about them.

HEALS KARMIC ISSUES

Zonar can be invoked with the conscious intent to call upon Archangel Gabriel for assistance. This technique helps us with Karmic healing, and Archangel Gabriel can assist us in finding answers we need to help ourselves or others. To do this, think of the issue and connect with the energy and feelings around it. Then activate Zonar and send this energy up to Archangel Gabriel. Ask Gabriel to take the karma of the issue and heal it for you. Ask also that if there is a lesson or understanding that is necessary for you to have in order for the healing to take place that it be made known to you. Be open and willing to follow any guidance that comes to you. The healing may continue after you stop sending healing energy and ideas and memories may come welling up within your mind giving you the understanding you need.

Zonar prepares the client to receive the deep healing available from Halu.



Notice

The Karuna Reiki® program is taught only by teachers who have registered with The Center. Registered teachers have agreed to abide by a code of ethics and to use The Center's teaching materials and core curriculum. Each registered teacher has a certificate issued by The Center which bears The Center's seal and a unique registration number. Center registered teachers will use this manual in their courses and will provide their students with a certificate issued by The Center. If you have any questions, please refer to page 46 of this manual or contact The Center.